

## Chevy Chase at Home Survey

A group of residents within the towns and villages of Chevy Chase, Maryland are exploring ways to help our older residents live more independent lives and remain in our neighborhoods and homes by creating an organization called **Chevy Chase at Home**. A committee is beginning the process of gathering information concerning the potential needs of our neighbors.

Please complete the survey below, no matter how old you are, to help us understand those needs. We would also like to identify potential volunteers to help provide some services for those in need. Please indicate your availability on the last page. This survey is entirely voluntary, but your input will be very helpful. Even if you choose to reply anonymously we will be grateful for your information.

1. Do you hope to remain in your home as you get older? ☐ Yes ☐ No ☐ Not sure

2. Please indicate the number of people in your household in each age category:

☐ 35-44 ☐ 45-54 ☐ 55-64 ☐ 65-74 ☐ 75-84 ☐ 85+

3. What services do you think would be most helpful to you or someone in your family, now or in the near future? Some of these could be provided by volunteers, others by screened merchants. Please check all of the services listed below that are relevant to you.

- (1) ☐ Transportation to medical appointments
- (2) ☐ Transportation to other destinations, errands, shopping
- (3) ☐ Someone to shop for you; pick up prescriptions.
- (4) ☐ Meal preparation in your home
- (5) ☐ Meal delivery
- (6) ☐ Help with bathing/showering
- (7) ☐ Caregivers, nursing aides
- (8) ☐ Help with exercise, going for walks, etc.
- (9) ☐ Medication reminders
- (10) ☐ Telephone check-ins
- (11) ☐ Snow/leaf removal
- (12) ☐ Gardening/ lawn mowing
- (13) ☐ Home maintenance (painting, electrical, plumbing, odd jobs, other)
- (14) ☐ Help with your computer
- (15) ☐ Bill paying

- (16) \_\_\_\_ Organizing medical insurance forms and tax materials
- (17) \_\_\_\_ Social visits from neighbors
- (18) \_\_\_\_ Housekeeping
- (19) \_\_\_\_ Laundry
- (20) \_\_\_\_ Pet care
- (21) \_\_\_\_ Plant care
- (22) \_\_\_\_ Taking trash or recyclables out
- (23) \_\_\_\_ Discounted rates on services from a recommended list of providers
- (24) \_\_\_\_ Others (please specify) \_\_\_\_\_

4. How interested would you be if **Chevy Chase at Home** sponsored the following kinds of events?

	Very interested	Somewhat interested	Not interested
Educational seminars			
Book clubs/discussion groups			
Exercise groups			
Cultural activities			
Lunches, dinners, teas			
Others (specify)			

5. **Chevy Chase at Home** services would be open to all residents in our community who are 50 or older. Residents could partake of any of the menu of services offered. We hope that younger members will want to support our efforts. If we establish a variety of services, provide information about community resources, and have a reasonable annual membership fee, how likely are you to sign up for membership?

\_\_\_\_ Very likely      \_\_\_\_ Somewhat likely      \_\_\_\_ Not interested at all

6. In what town/village of Chevy Chase do you live?

\_\_\_\_ Chevy Chase Village

\_\_\_\_ Chevy Chase Section 5

\_\_\_\_ Town of Chevy Chase

\_\_\_\_ Martins Additions

\_\_\_\_ Chevy Chase Section 3

7. Would you be interested in volunteering to help deliver any services mentioned above?

\_\_\_\_ Yes      \_\_\_\_ No

Please specify which ones (refer to pages 1 & 2) \_\_\_\_\_

\_\_\_\_\_

8. Would you like more information about **Chevy Chase at Home** as we develop the program?

\_\_\_\_ Yes      \_\_\_\_ No

If so:

Name(s): \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Telephone # \_\_\_\_\_

Email address \_\_\_\_\_

Thank you for your response. For further information please contact Joan Urban at 301.652.4743 or at **JBUMoscow@aol.com**

Please fold this survey in half, including both pages, tape closed, stamp (one first class stamp), and mail to the address indicated on the back of this page. Please return by May 31, 2009

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**To:**

**Chevy Chase At Home**

**P.O Box 15102**

**Chevy Chase, Maryland 20825**

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